



According to the United States Department of Health and Human Services, there are some simple steps that you can take to help promote a drug-free workplace environment.

Develop and distribute a written policy

Part of this packet includes a photocopy-ready information page that includes background information on the dangers of meth as well as a space for you to write in your company's own drug policies. For those employers who do not currently have a written policy on drugs in the workplace, the *Meth Destroys* campaign is also including a prepared statement on the importance of a drug-free workplace.

Provide your employees with access to assistance

In Tennessee, you can contact the Tennessee Association of Alcohol, Drug and Other Addiction Services' Redline number at (800) 889-9789. The Redline number offers referral services for any person who calls seeking assistance and resources on substance abuse and addiction. The number is listed on both your workplace poster, and the photocopy-ready information page.

Educate your employees on the dangers of drugs like meth

Included in this packet is a quantity of *Meth Destroys* education brochures that can be placed in common areas around the office. In addition, the workplace posters included in this shipment have background information on meth and its dangerous effects. Encourage all your employees to visit www.MethFreeTN.org to learn more about meth.

Supervisor training

It is important for all employees, including supervisors, to understand why meth is so dangerous and how your company can both deter meth use in the workplace and help individuals who are battling addiction. Make sure that your supervisors are aware of the physical indications of meth use and have the TAADAS Redline number handy to provide to employees.





Notice to All Employees

This is a meth-free workplace.

Meth is a highly addictive, powerful stimulant that negatively affects the central nervous system. Made with common household products such as battery acid, drain cleaner, engine starter fluid, fertilizer and hydrogen peroxide, meth is also one of the most toxic drugs on the market. In addition, Tennessee has one of the worst meth problems in the country. This business has partnered with Tennessee's District Attorneys to help make our community and its businesses meth-free.

If you or someone you know needs help, please call the Tennessee Association of Alcohol, Drug and Other Addiction Services at (800) 889-9789.

- Meth-Free Workplace Policy -

Because this business understands the dangers of meth use in the workplace, **AND** that Meth abuse often leads to violent and paranoid behavior on the part of users, who are a great danger to their fellow employees, **AND** that

Meth is not a simple stimulant such as a caffeine pill, but is instead one of the most powerful and addictive drugs to ever exist, **AND** that

Meth users face many serious health problems such as seizures, heart attack, stroke, brain damage, kidney failure, internal bleeding and much more, **AND** that

Meth abuse is having a significant impact on Tennessee businesses in terms of lost productivity, employee turnover, worker absences and higher health care costs, the expense of which has an impact on the wages and productivity of other workers, **AND** that

Meth abuse doesn't impact just the user, but everyone surrounding the user including children and coworkers, **AND** that

As a business, we owe it to our community and our employees to ensure that we help to make Tennessee meth-free,

We are making the commitment to keep meth and other drugs out of our workplace.



